



Guidelines for the elaboration of the experience report

1. responsibilities in the company

What type of tasks did you have to accomplish?

Were you able to apply some of your theoretical knowledge?

Did you have worked to full capacity?

2. social environment and social integration

How would you describe your contact to other colleagues?

Did you meet your colleagues on week-ends or after work?

Did you have contact to people of the same age and/or families?

What did you think about the social environment in your host country (e.g. open-mindedness, sociableness towards foreign trainees in your working field, leisure time activities, cultural offers etc.)?

What kind of impressions did you get concerning your host country (culture, habits, working conditions etc.)?

3. recommendation of the internship

What kind of expectation did you have concerning your internship? Were they fulfilled? If no, what did you think were the reasons for this?

Did you improve your language skills (e.g. German)?

Do you think that the internship will help you in your future profession? If so, to what extend? If not, please explain!

Have you been satisfied with the length of your internship? What do you think is the ideal length?

Do you think your host company would accept further foreign trainees?

Would you recommend the company to another trainee? Please explain!

Contact:

Katja Mruk § Hessen Networks! Coordination and Contact Point § Am Alten Schlachthof 4
36037 Fulda § Germany § Tel.: +49 661 2504021 § Fax: +49 661 2504012
email: mruk@hessennetworks.de